

KOTSARI  
(Greece)

Kotsari, one of the most popular and energetic dances of the people of Pontos, derives its name from the name "Kots" which means heel. It is the characteristic of the dance that it is danced largely on the heels. It is danced mainly on the province of Trapezounda.

Pronunciation: Koh-tschah-reeh

Record: Pontic Dances - Dances of the Pontic Greeks.  
#PD-1234. 33-1/3 extended play. 2/4 meter.

Formation: Shldr hold

MeasPatternA. BASIC STEP

- 1 On heels with L,R,L (cts 1,&,2), and hop in place on L ft leaving R ft free (ct &).
- 2 Traveling to LOD with R ft (ct 1); cross on L ft behind (ct &); step on R ft to R (ct 2); hop on R ft leaving L ft free (ct &).

B. IN PLACE

- 1 L,R,L (cts 1,&,2) in place; hop onto L ft leaving R ft free in place (ct &).
- 2 R,L,R (cts 1,&,2) in place leaving L ft free; hop on R ft in place (ct &).

C. STAMPING

- 1 L,R,L (cts 1,&,2) in place; hop on L ft leaving R ft free (ct &). As you complete hop turn to face diag to ctr extending R leg out.
- 2 Stamp diag with both ft (apart) two times (ct 1,&) and on ct 2 turn facing ctr and crossing R ft free under the L knee.

Immediately step on R ft and start over again

D. SCISSOR STEP

- 1 Step (heels) L,R,L (cts 1,&,2); hop in place on L ft and extend R leg fwd all the way out to ctr (ct &).
- 2 Jump onto R ft in place and extend L leg bkwd out, body leaning over.
- 3 Scissor step over jumping onto R ft kicking L leg high and extending L leg out in front in air.
- 4 Stamp L ft out in front ctr three times with wt on R ft (R knee bent) (cts 1,&,uh); step with L ft in place and hop on L ft (cts 2,&).
- 5 Jumping side to side facing ctr, jump to R with R ft (ct 1); jump with L ft to L (ct &); jump with R ft to R (ct 2); hop on L ft leaving L ft free (ct &).

Start sequence all over again.

Presented by Nikos Savvidis

KOTSARI  
(Greece)

Kotsari, one of the most popular and energetic dances of the people of Pontos, derives its name from the name "Kots" which means heel. It is a characteristic of the dance that it is danced largely on the heels. It is danced mainly in the province of Trapezounda.

Pronunciation: KOHT-sah-ree

Record: Pontic Dances - Dances of the Pontic Greeks.  
#PD-1234 33-1/3 EP Side A/1. 2/4 meter.

Meter: Counted here as 4/4 for the sake of simplicity (1,2,3,4) instead of 1,&,2,&.

Formation: Short lines; shldr hold ("T" pos).

Meas Pattern

INTRODUCTION - Begin when leader desires.

BASIC STEP

- 1 Step on L in place (ct 1); hop on L, touching R heel next to L (ct 2); step on R beside L (ct &); step on L in place (ct 3); hop on L (ct 4).
- 2 Step on R in place (ct 1); step on L in place (ct 2); step on R in place (ct 3); hop on R (ct 4).

VARIATION I. Jump, pause.

- 1 Repeat Basic Step meas 1, cts 1-3; hop on L turning to face slightly L of ctr and extending R to R side in air (ct 4).
- 2 Leap onto R, displacing L bkwd (ct 1); leap onto L, displacing R fwd (ct 2); jump onto both ft, facing ctr (ct 3); hold (ct 4, meas 3 cts 1,2).
- 3 Step on L (ct 3); hop on L (ct 4).
- 4 Repeat Basic Step, meas 2.

VARIATION II. Three jumps

- 1 Repeat Variation I, cts 1-4.
- 2 Facing L of ctr jump onto both ft in stride pos (ct 1); jump again (ct 2); turning to face ctr, jump onto R, bringing L leg around in front (ct 3); hop on R (ct 4).
- 3 Touch L heel to just below R knee (ct 1); extend L ft (ct 2); step on L next to R (ct 3); hop on L (ct 4).
- 4 Repeat Basic Step, meas 2.

VARIATION III. Scissors and slaps.

- 1 Repeat Variation II, cts 1-4.
- 2 Leap onto R, displacing L bkwd (ct 1); leap onto L, displacing R fwd (ct 2); swing R in an arc to face ctr and leap onto it, L leg following (scissors) (ct 3); slap L in front of R (ct 4).
- 3 Slap L two more times (cts 1,2); step-hop on L (cts 3,4).
- 4 Repeat Basic Step, meas 2.

Leader determines the number of times each pattern is danced.

The description was rewritten when it was apparent that the material in the syllabus was not what was being taught.

Presented by Nikos Savvidis

FOLK DANCE CAMP - 1981